## Laura Ryan Therapies Price List Jan 23

| Aromatherapy   | <b>30 min</b><br>£35                     | <b>60 min</b><br>£60-65 | <b>90 min</b><br>£90-95 |
|--|--|-------------------------|-------------------------|
| Cupping  | £35                                      | £60-£70                 | £85-£100                |
| Massage:   |  |                         |                         |
| Deep Tissue / Sports   | £35                                      | £60-£70                 | £85-£100                |
| Holistic   | £35                                      | £60-£70                 | £85-£100                |
| Hot Stone  | £35                                      | £60-£70                 | £85-£100                |
| Indian Head  | £35                                      | -                       | -                       |
| Manual Lymphatic   | £35                                      | £60-£70                 | £85-£100                |
| Drainage   |  |                         |                         |
| Myofascial Release   | £35                                      | £60-£70                 | £85-£100                |
| Pregnancy  | -  | £60-£70                 | £85-£100                |
| Trigger Point  | £35                                      | £60-£70                 | £85-£100                |
| Acupuncture  | Initial Consultation<br>£65 (60min/75min | I II                    |                         |
| Medical Acupuncture  | £35                                      | £60-70                  | -                       |
| (Dry Needling) inc Electro-A   | Acupuncture                              |                         |                         |
| Cosmetic Acupuncture   | -  | £65                     | £80-95                  |
| Reflexology  | £35                                      | £60                     | £90                     |
| Reiki  | £40                                      | £60                     | £90                     |
| Energy Healing   | £40                                      | £60                     | £90                     |
| Others: Express Soft Tissue Treatment Osteopathic Articulation, IASTM & Acupuncture              |  | £60                     | -                       |
| Express Facial Treatment Cleanse, Tone,<br>Acupuncture/Acupressure, Gua Sha & Massage            |  | £60                     | -                       |
| Acupuncture Introductor<br>Initial Consultation & One Follow<br>Both 60min – with Charlotte Palf | £IOO                                     |                         |                         |